

| | Training or activities | Training or activities Number of hours validated/exempt | Code Amethis VAAME |
|---|---|--|--------------------|
| Training courses listed in the Doctoral College catalog or the Doctoral School | Disciplinary training listed in the catalog of the Doctoral School | Number of hours of training | |
| | Additional training courses listed in the catalog Doctoral College | Number of hours of training | |
| | Training in research ethics and integrity scientific and open science | Number of hours of training | |
| "Non-catalog" training courses from the Doctoral College or the Doctoral School | Training in research ethics and integrity scientific and open science | Number of hours of training | EQ-CERTIF-VAAME |
| | Training organized by a research organization, higher education establishment, structure private, network.... | Number of hours of training | |
| | Training through online modules (MOOC) | Number of hours of training Validation of a maximum of 20 hours on the thesis | EQ-MOOC-VAAME |
| | French training for foreign students | Number of hours of training Validation of a maximum of 30 hours on the thesis | EQ-CERTIF-VAAME |
| | Foreign language training | Number of hours of training Validation of a maximum of 30 hours on the thesis | |
| | Training by following Master's level courses in a University/Grande Ecole | Number of hours of training Validation of a maximum of 30 hours on the thesis | EQ-MASTER-VAAM |
| Activities giving rise to an exemption from hours training | Participation in ED scientific days | 4 hours presence Attendance and Oral or Poster 8h Presence and Organization 8h Attendance and Oral or Poster and Organization 12h | EQ-ORGA-VAAME |
| | Participation in a national or international scientific event WITH written or oral presentation | 4 hours per day of attendance Exemption, at most, of 20 hours from the thesis | EQ-SCIENTIF-VAAME |
| | Scientific stay in a laboratory abroad (excluding thesis under joint supervision) | 1.5 hours/day Exemption, at most, of 20 hours on the thesis | |
| | Scientific stay in a national laboratory (excluding thesis in joint supervision) | 1 hour/day Exemption, at most, of 20 hours on the thesis | |
| | Participation in a school theme/summer school | 5 hours/day, Exemption, at most, of 10 hours on the thesis | EQ-ECOLE-VAAME |
| | Participation in the organization of an event scientific or recurring scientific animation | 4 hours/event Exemption, at most, of 12 hours on the thesis | EQ-ORGA-VAAME |
| | Participation in a scientific mediation event (science festival...) | 5 hours/event Exemption, at most, of 10 hours on the thesis | EQ-CST-VAAME |
| | Commitment (representative on the ED council, ED commission, unit council, responsibility in an association doctoral students...) | 10 hours/year (with possible accumulation) Dispensation, at most, of 20 hours on the thesis | EQ-INSTANCES-VAAME |
| | Doctoral student under joint supervision | Exemption, at most, of 50 hours on the thesis | EQ-QUOTA-VAAME |
| | Doctoral student in CIFRE thesis | Exemption, at most, of 50 hours on the thesis | |
| Employed doctoral student excluding research work | Exemption, at most, of 50 hours on the thesis | | |

EQ-LECTURE Reading committee of a journal (article evaluation) 5h Certificate of participation in the committee with the activities carried out within the framework of this EQ-TUTORAT Tutoring (between doctoral students or Master's projects) 5h Certificate describing the support accomplished